

# Norton Maternal Opiate and Substance Treatment Program

You are not alone. We can help.

People who become pregnant and are dependent on drugs or alcohol have special health needs that require immediate care. The Norton Maternal Opiate and Substance Treatment (MOST) Program offers supportive staff who are trained in caring for pregnant mothers with substance use disorders and their babies.

When a pregnant person uses substances such as opiates during pregnancy, the baby may experience withdrawal symptoms, known as neonatal abstinence syndrome (NAS). With alcohol use during pregnancy, the baby may experience fetal alcohol syndrome (FAS). Both syndromes require care in the hospital for medical treatment.

## Program services

The Norton MOST Program offers hospital stabilization/detox services and an outpatient recovery program.

### Hospital stabilization and detox

- Admission to Norton Women's & Children's Hospital with an average stay of 2 to 5 days
- Management of withdrawal symptoms, which can include treatment with medication, high-risk pregnancy supervision and fetal monitoring
- Compassionate care provided by trained and professional staff
- Recovery treatment planning; care coordination; and follow-up care and support before and after birth

### Outpatient recovery program

- Individual and group therapy
- 12-step recovery meetings
- Medication
- Pregnancy care and/or consultation
- Recovery, pregnancy and parenting support and resources



recovery  
hope

strength

inspire



## Monitoring and healing

Candidates for the Norton MOST Program must meet with a clinician by phone to determine if the program is the right medical and recovery treatment option. A physician will determine if additional evaluation or admission is needed.

The Norton MOST Program accepts most insurance plans, including commercial insurance, Kentucky Medicaid and Medicare, and Indiana Medicaid.

### For more information, contact:

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